

SPA MENU & PRICE LIST

THE LITTLE SPA RETREATS

'little spa' full day package (4 hr. 30 min.) - \$500 lemon and rosemary body scrub, steam shower, full body swedish massage, lunch break, brighten up facial, spa manicure and spa pedicure

sand & sea (1 hr. 10min.) - \$200 sea salt scrub, steam shower and seaweed wrap signature stress buster (1 hr. 30 min.) - \$285 salt scrub, steam shower and swedish massage

the little quickie fix (1 hr. 20 min.) - \$140 freshen up facial, little manicure and little pedicure

\$100

massage squared (1 hr. 15 min.) - \$390 couples swedish massage and steam shower

MASSAGE THERAPY

swedish massage (60min.) -\$200 (80min.) - \$245 target massage (30min.) deep tissue massage (60min.) -\$250 (80min.) - \$310 indian head massage (30min.) - \$90 hot stone massage (60min.) -\$250 (80min.) - \$310

SKIN CARE

brighten up deep cleansing facial (60 min.) - \$180 'little spa' natural facial (60 min.) - \$200 collagen renewal anti-aging facial (60 min.) - \$220 freshen up mini facial (30 min.) - \$70 'little spa' signature facial (60 min.) - \$170 back treatment - deep cleansing (45 min.) - \$120

BODY RUBS & WRAPS

delicious body scrub (60 min.) - \$160 rosemary & lemon scrub (60 min.) - \$160 detox wrap (60 min.) - \$180 seaweed wrap (60 min.) - \$180



Monday - Friday: 10am - 6pm Saturdays: 10am - 5pm Sundays & Public Holidays: Upon request in the comfort of your room

Prices In Barbados Dollars (BBD\$)

Prices and services are subject to change. Advance reservations are recommended for your preferred times. You are required to arrive 10 minutes early for your appointment. Please provide at least an advance notice of 4 hours if you need to change or cancel your appointment. Failure to fulfill your scheduled treatment time result in a 100% charge of the service.



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WAXING SERVICES

eyebrow wax - \$20 upper lip wax - \$20 half arm wax - \$45 under arm wax - \$45 full leg wax - \$80 chin wax - \$30 full face wax - \$50 full arm wax - \$60 half leg wax - \$65 bikini wax - \$60

FINAL TOUCHES

citrus spa manicure - \$65 citrus spa pedicure - \$80 simple manicure - \$55

french polish on hands or feet - + \$15 shellac polish on hands or feet - + \$35 polish change on hands or feet - + \$15 simple pedicure - \$65 little manicure - \$35 little pedicure - \$35

THE 'LITTLE' EXTRAS

make up application - on request eyelash application - on request hair services - on request eye lash / brow tint - \$30 aromatherapy steam room (per 15 min.) - \$40

KID'S RETREAT

mum and me (my friend and me) massage and facial (30 min.) - \$220 my special manicure (30 min.) - \$30 my special pedicure (30 min.) - \$45 only me facial (30 min.) - \$30



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Reservations - 1 (246) 439 3000 ext. 5110 / 1 (246) 828 8136 **Email** - thelittlespa@gmail.com