



# LUNCH MENU

## STARTERS

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**soup of the day - \$18**

hot or cold

**carpaccio of tuna - \$35**

petit crab salad, citrus salsa

**atlantic salmon cakes - \$36**

cucumber salad, English mustard aioli

**parmaesan fried calamari - \$35**

sweet chilli tartare

**chilled crayfish platter - \$45**

sea-weed salad, lemon mayonnaise

**ceviche of octopus - \$36**

plum tomatoes, cucumber, cilantro & caper vinaigrette

**panco-crusted white-bait - \$35**

red curry dip

**duo of pork & shrimp spring rolls - \$34**

spicy tomato jam

**deep fried camembert - \$32**

micro greens, plum chutney

## ANTIPASTO PLATTERS

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**meat - \$80**

a variety of salamis & other cured meats, with cheese and fruit

**seafood - \$80**

chilli shrimp, nori tuna tartare roll, octopus ceviche, smoked salmon, petit crab

## SALADS

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**fishpot caesar - \$30**

mushrooms, tomatoes, croutons, parmesan, roasted garlic & anchovy dressing

**arugula salad - \$32**

mozzarella, artichokes, tomatoes & roasted pepper vinaigrette

**mixed leaves salad - \$30**

pine-nut crusted goats cheese, prosciutto melon, sherry balsamic vinaigrette

**quinoa tabouleh - \$34**

organic arugula, feta, grilled eggplant, marinated mushrooms, balsamic vinaigrette

**add:** shrimp - \$20 chicken - \$15 octopus - \$18 flying fish - \$12

*each item may be grilled or blackened*

## PANINI

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**chicken - \$34**

camembert cheese, mango sweet peppers

**marinated flying fish - \$32**

aged cheddar, tomatoes, red-onion

**roasted vegetables - \$30**

pesto, parmesan

*each item is served with salad OR fries*



Prices In Barbados Dollars (BBD\$)

Please advise the wait staff if you have allergies to any food product. Kindly note that smoking is not allowed.

Prices include VAT. **Service charge is NOT included** - gratuity at your discretion.

A 10% Service Charge will be added to parties of 6 or more persons. We accept local debit cards, VISA & MasterCard only.

Little Good Harbour - 1 (246) 439 3000 The Fish Pot Restaurant - 1 (246) 439 2604



# LUNCH MENU

## PASTA

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### linguine OR penne

tomato, caper & tarragon sauce OR white wine garlic cream OR lemon red curry olive oil

chicken - \$50    shrimp - \$52    seafood - \$50    lobster - \$55    veg - \$48

## MAINS

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### seafood platter (for two) - \$150

selection of shell-fish & fish

### fish of the day - \$50

### grilled spiced-rub tuna steak - \$55

warm tomato salsa

### grilled ½ lobster - \$98

basil-butter OR stewed tomatoes  
& onion compote (seasonal)

### herb roasted chicken-breast - \$55

portabella mushroom cream

### blackened pork-loin - \$60

roasted garlic jus

### teriyaki grilled sirloin 8oz - \$78

tomato & onions

### grilled angus metro-filet - \$95

garlic butter

*served with choice of: garlic mash, fries, sweet-corn risotto, basmati rice*

## KASMIRI STYLED CURRY

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*served with pappadums, basmati rice & chutney*

beef - \$55    chicken - \$50    shrimp - \$55    seafood - \$52    veg - \$45

## STIRFRY

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*served with basmati rice*

chicken, peanuts & bok-choy - \$50    shrimp, soya & pickled ginger - \$55    beef, hoisin & chilli - \$5

## SIDES

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extra bread - \$3    fries - \$15    garden salad - \$15    garlic mash - \$10    steamed veg - \$15



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